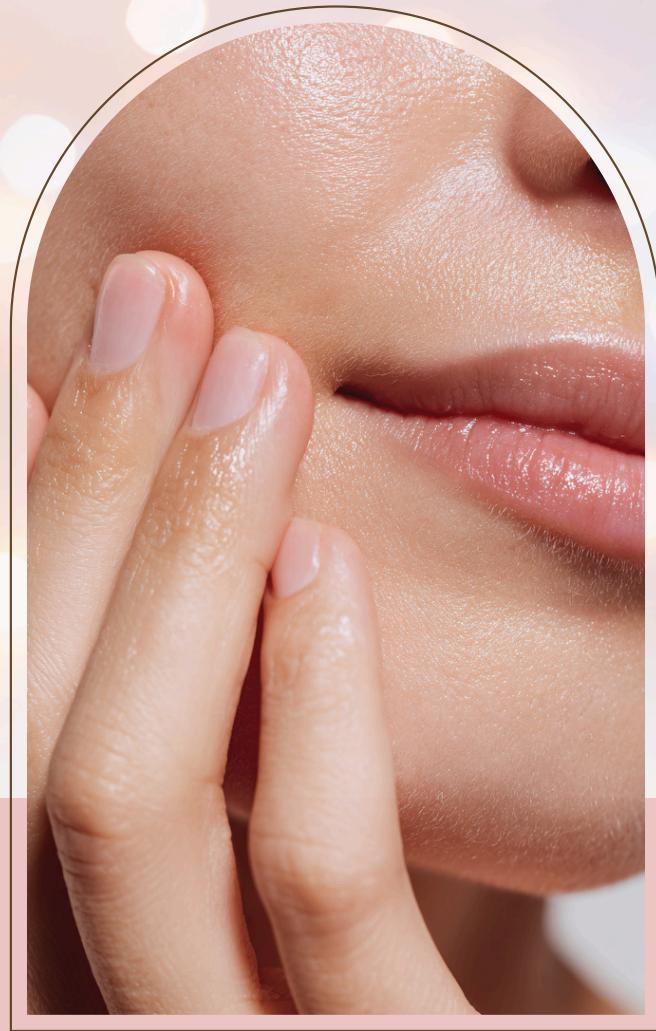


VOL. 3

NEWPORT BEACH MEDSPA

JANUARY
2026



JANUARY NEWSLETTER

Welcome to our monthly newsletter, where you can stay up to date on our newest treatments, seasonal skincare tips, and exclusive winter offerings!

Happy New Year! As we step into January, the energy resets. It's a month of fresh starts, renewed focus, and giving yourself the care you may have skipped during the holiday rush.

Whether you're looking to restore hydration after the dry winter weather, refresh your skin for the year ahead, or kick off **2026** with confidence, we're here to help you step into the new season glowing.

Grab a warm drink, take a moment for yourself, and let's make this month your most radiant reset yet.

FOLLOW US ON INSTAGRAM **@NEWPORTBEACHMEDSPA** FOR BEHIND-THE-SCENES, SKINCARE TIPS, AND SPECIAL OFFERS ALL SEASON LONG.

JANUARY UPDATES

Saturdays we're open!

Jan. 3rd

Jan. 17th

Feb. 7th

Feb 21st

Prebook them now!

Click **HERE!**

Holiday Hours

Closed on New Years Day (Jan. 1st)

Want to learn more about our favorite treatments? Check out our new blog **HERE!**

PROMO HIGHLIGHT

Kick off 2026 with one of our most powerful rejuvenation treatments. This month, when you **purchase 2 Radiesse treatments, receive 1 Belotero FREE**.

Radiesse is a calcium-based biostimulator that works by stimulating your body's natural collagen production to firm, tighten, and restore **youthful structure** over time. It's ideal for the face, neck, hands, and chest lines, helping **reverse** visible signs of aging while improving overall skin quality. Prefer something more delicate? Belotero is a lightweight filler perfect for **smoothing** fine lines and brightening the under-eye area. A perfect way to start the new year refreshed, sculpted, and glowing.



BEFORE RADIÉSSE®



AFTER* RADIÉSSE®

LeAnne / Age 46 / 3.0cc (2 x 1.5cc syringe)

After picture – exactly 3 weeks post treatment

TREATMENT OF THE MONTH



COOLSCULPTING ELITE/GLP COMBO

CoolSculpting Elite is one of the most advanced **non-invasive body contouring** treatments for **reducing stubborn fat** and enhancing your natural shape. Using controlled cooling technology, CoolSculpting Elite targets and freezes fat cells beneath the surface-permanently eliminating them to create smoother, more sculpted contours.

It's an ideal treatment on its own or as a powerful **complement** to GLP weight loss medications. While GLPs help reduce overall body weight and appetite, CoolSculpting Elite focuses on **spot-treating** resistant fat areas that may remain even after weight loss-helping refine your silhouette and enhance your results.

What CoolSculpting Elite Helps With:

- Stubborn pockets of fat that don't budge with diet or exercise
- Belly, flank, and back fat
- Inner and outer thigh fat
- Bra fat + upper arm fat
- Submental fat (under the chin)



PRODUCT OF THE
MONTH



Obagi Rebalance Skin Barrier Recovery Cream

Restore your skin from within. This cream helps strengthen your moisture barrier, calm irritation, and replenish essential hydration—leaving your skin soft, soothed, and resilient all season long. It's the perfect daily reset for stressed, dry, or post-treatment skin, supporting your complexion's natural repair processes so you stay balanced, glowy, and protected through the winter.

ASK OUR ESTI:

Q: How do I know if my skin barrier is damaged? And how do I fix it?

A: If your skin feels tight, itchy, flaky, unusually red, or suddenly reactive to products you normally tolerate, that's a sign your skin barrier is stressed or damaged. Repairing it is totally doable. Start with a gentle cleanser, then focus on barrier-loving ingredients like ceramides, peptides, and niacinamide. A rich moisturizer is essential to lock everything in. Keep exfoliation to a minimum while your skin heals, and avoid too many active ingredients at once. And don't forget hydration from within! IV drips or even a hydrating booster treatment can give your skin that extra support.



CLIENT REVIEW

"I have received many services here (BBL, microneedling, Hairlaser removal, vein treatment, etc...) and everyone is extremely professional, kind and knowledgeable! I can not imagine trusting anyone else with my skin and my families as well."

Atousa Asil
December 3th, 2025

Thank you Atousa! We're so grateful for your loyalty to NBMS. We love you and your family! XOXO



NURSE RECOMMENDATION OF THE MONTH:

Kick off the new year with one of our most transformative treatments-BBL + Laser Genesis. This combo targets redness, pigmentation, and dull winter skin while stimulating collagen for a smoother, brighter, more even complexion. Overall, it's great to remove sun damage, smooth texture, and reverse aging. It's the perfect treatment to reset your skin after the holidays and start 2026 glowing from within. Only **\$1999** for 5 sessions! And an additional **10% off** all laser skin packages for this month!

Keep an eye out for next week's text blast to learn more about our latest products.



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